

Urbana Senior Center

Offering fitness, enrichment & social opportunities for 50+

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December Program Highlights

Literary Showcase

Original poems, short stories, and other writings read and performed by Urbana High School National English Honor Society students (including Holly, Alice and friends).

(Pizza supper 5:00 p.m., \$5.00)

Date: Tuesday, December 12

Time: 5:30 p.m. **Cost:** Free

Winter Paint Night

It's a Paint Party! Create art as you add your interpretation to step-by-step instructions of recreating a winter themed painting. Holly and Alice will be leading the activity.

(Soup & Sandwich Supper 5:00 p.m., \$5.00)

Date: Tuesday, December 19

Time: 6:00 p.m. **Cost:** \$5.00

MAP: How Do I Survive the Holidays

Stressed about the upcoming holidays? Come learn some tips and techniques for surviving the holidays. Maryland Access Point (MAP) provides information and assistance to area residents.

Date: Wednesday, December 13

Time: 11:30 a.m. **Cost:** Free

Lunch with Nurse Steve:

Is Laughter the Best Medicine?

Nurse Steve's talk will be "a discussion on laughter as medicine."

Menu: tomato soup, chicken sandwich, pepper slaw, apples, dessert

Date: Thursday, December 14

Sign-up by Wednesday, Dec. 6

Time: Noon

Cost: \$4.68 (Regular meal cost)

Artful Creations:

Design & Dye a Silk Scarf

Learn how to dye a silk scarf using permanent markers and alcohol. This is a make and take joint program with the library.

Space is limited so register today!

Date: Wednesday, December 6

Time: 1:00 p.m. **Cost:** Free

Holiday Craft: Sugar Snowman

Make a "snowman" with DIY items inside and your personal flair on the outside. This is a make and take joint program with the library.

Space is limited so register today!

Date: Wednesday, December 13

Time: 1:00 p.m. **Cost:** Free

Holiday Luncheon

Celebrate the holidays with us! Lunch will include roast beef, mashed potatoes, green bean almonidine, fruit ambrosia, and cherry pie. Enjoy the tradition of pulling Crackers (a festive party favor).

Date: Thursday, December 21

Sign-up by Wednesday, Dec. 13

Time: Noon

Cost: \$4.68 (Regular meal cost)

New Year's Eve Luncheon

Ring in the New Year at Noon! Lunch will include pork loin, sauerkraut, mashed potatoes, green beans, fruit, and dessert. Noisemakers and party hats will be provided.

Date: Thursday, December 28

Sign-up by Wednesday, Dec. 20

Time: Noon

Cost: \$4.68 (Regular meal cost)

(see other side for calendar of activities)